**Adverse Effects**

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\*Data taken from the UK-based Prostate Testing for Cancer and Treatment (ProtecT) trial. 1643 men completed questionnaires after being randomly assigned at diagnosis to one of the 3 treatments shown. The full research can be read here: <http://www.nejm.org/doi/full/10.1056/NEJMoa1606221>

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| --- | --- | --- | --- |
| **Incontinence** | Active Monitoring   (AM) (%) | Radical Prostatectomy  (RP) (%) | Radiotherapy   (RT) (%) |
| Use of 1 or more pads per day in the last 4 weeks |  |  |  |
| 1 year | 4.2 | 26.2 | 3.6 |
| 5 year | 6.9 | 16.8 | 3.2 |

|  |  |  |  |
| --- | --- | --- | --- |
| **Erections** | AM (%) | RP (%) | RT (%) |
| Erections firm enough for intercourse |  |  |  |
| 1 year | 49.1 | 14.6 | 37.6 |
| 5 year | 35.0 | 20.3 | 27.1 |

|  |  |  |  |
| --- | --- | --- | --- |
| **Bowel habits** | AM (%) | RP (%) | RT (%) |
| Bloody stools about half the time or more frequently |  |  |  |
| 1 year | 1.4 | 0.6 | 3.9 |
| 5 year | 2.2 | 0.9 | 8.4 |